

LUNCH

Served Monday through Friday 11:30 am to 3:00 pm

POLLO OR GROUPEL ROSSO Chunks of chicken breast or grouper reddened with hot spices, "blackened" in a very hot pan, sautéed with scallions and mushrooms, then reduced in a creamy tomato basil sauce and fresh tomato. Tossed with fettuccini pasta. Chicken 9.50 • Grouper 9.75

SPAGHETTI CARBONARA With ham, bacon, egg, cream, and parmesan cheese. 8.75

PENNE FLORENTINE Spinach, mushrooms, fresh tomato, garlic, and goat cheese with penne pasta. 8.99

PENNE ROMA Basil tomato sauce with chicken, bacon, garlic, onions, olives, and red wine over penne pasta. 8.75

PROSCIUTTO LINGUINE Linguine tossed with prosciutto, mushrooms, artichoke hearts, olive oil, garlic, rosemary, and parsley. 8.25

PRIMAVERA LINGUINE Broccoli, onions, peas, fresh tomato and olives in olive oil, garlic, and parsley with linguine pasta. 7.99

CREATE YOUR OWN COMBINATION OF PASTA...AND SAUCE

PASTAS

SPAGHETTI - LINGUINE - FETTUCCINE - PENNE - BOW TIE - STARBURST
ANGEL HAIR - GIGANTE SHELLS - OR WHOLE WHEAT LINGUINE (ADD 3.50)

SAUCES

BASIL TOMATO Our "mother sauce" of plum tomatoes, garlic, olive oil, parsley, and basil. Fresh and simple. 9.75

BOLOGNESE A rich sauce of ground beef, onions, celery, carrots, and garlic simmered for 5 hours with white wine, milk, and ground plum tomatoes. 10.99

ALFREDO Thick and rich with heavy cream, parmesan and romano cheeses, and nutmeg. 10.99

BRUSCHETTA A bit heavier than basil tomato, with diced plum tomatoes, garlic, onions, parsley, and basil. 9.25

PESTO Classic pesto of pureed fresh basil, parsley, garlic, olive oil, parmesan, romano, pine nuts, salt, and pepper. 8.99

ROASTED TOMATO CREAM Made with an intensely flavored puree of roasted plum tomatoes, herbs, and heavy cream. 9.75

AGLIO E OLIO Olive oil, butter, and garlic, tossed with fresh parsley. 8.25

PIZZA

(Lunch size)

AMERICANO Pepperoni, onions, mushrooms, and mozzarella. 6.25

MARGHERITA Mozzarella, parmesan, and basil. 5.50

GENOA Pesto, mozzarella, ricotta, and romano. 6.75

CAPUA Sausage, onions, mushrooms, and mozzarella. 6.99

PANINI

(Sandwiches)

All sandwiches are served with garlic pasta chips and caponata aioli.

Bella's Cafe salad may be substituted for pasta chips. 3.99

SALMON FOCACCIA Roasted coho salmon served on rosemary focaccia with lemon aioli, lettuce, and tomato. 8.99

SPAGHETTI SANDWICH An old favorite. Bolognese and spaghetti tossed and served in Bella bread topped with melted mozzarella cheese. 7.50

CHICKEN PARMESAN Sautéed chicken breast topped with basil tomato, mozzarella, and parmesan cheese. 8.50

STROMBOLI A folded pocket of pizza dough stuffed with ham, salami, pepperoni, mozzarella, tomato and green peppers. 8.99

MEDITERRANEAN CHICKEN Grilled chicken breast topped with sautéed spinach, sun-dried tomatoes, and feta cheese on rosemary focaccia. 8.50

MEATBALL SUB Bella's meatballs, bruschetta sauce, and mozzarella cheese on Bella's bread. 9.75

GRILLED CHICKEN Chicken breast topped with provolone, lettuce, tomato, and onion. Served with a spicy honey mustard sauce. 8.50

GRILLED CHICKEN WITH GOAT CHEESE Chicken breast with herbed goat cheese and roasted red peppers on rosemary focaccia. 7.99