

Starters

Soup of the Day	\$3 ⁷⁵ / \$5 ⁷⁵	Crab Bisque	\$4 ⁵⁰ / \$6 ⁷⁵
*Mixed Greens & Jicama Salad			\$4 ⁵⁰
Iceberg Wedge w. Blue Cheese & Bacon			\$8 ⁹⁵
*Arugula, Apples, Walnuts, Blue Cheese & Vinaigrette			\$8 ⁵⁰
*Baby Spinach w. Goat Cheese, Pecans & Orange Vinaigrette			\$8 ⁵⁰
*Endive, Walnuts & Crumbled Blue Cheese Salad			\$8 ⁵⁰
*Fried Green Tomatoes w. Peach Relish & Lime Cream			\$7 ⁹⁵
Ginger Calamari Flash Fried	sm \$8 ⁷⁵	lg \$15 ⁷⁵	
Fried Calamari	sm \$7 ⁷⁵	lg \$14 ⁷⁵	
Sweet & Sour Crisp Calamari	sm \$8 ⁷⁵	lg \$15 ⁷⁵	
Buffalo Shrimp w. Blue Cheese Sauce	sm \$9 ⁵⁰	lg \$13 ²⁵	
*Fried Baby Artichokes w. Roasted Garlic Aioli			\$7 ⁵⁰
Lump Crab Cake, Panko Crust, Pan Sautéed			\$8 ⁹⁵
*Portabellas Stuffed & Grilled			\$7 ⁷⁵
Buffalo Wings w. Blue Cheese Dressing	sm \$8 ⁷⁵	lg \$12 ⁷⁵	
Honey BBQ Wings w. Ranch Dressing	sm \$8 ⁷⁵	lg \$12 ⁷⁵	
Grilled Scallops w. Balsamic Glaze			\$9 ⁷⁵

Dinners

all served with mixed green salad. other salads are available for a small upcharge

Boneless Southern Fried Chicken		\$15 ⁹⁵
<i>w. caramelized onion gravy <u>or</u> honey bbq sauce & mashed</i>		
Grilled Turkey Steak in Maple & Citrus		\$15 ⁹⁵
<i>w. jasmine rice</i>		
Wasabi Crusted Meatloaf		\$14 ⁵⁰
<i>w. caramelized onion gravy & mashed</i>		
Roasted Pork Loin in Sweet Asian Mustard		\$18 ⁵⁰
<i>w. jasmine rice</i>		
Three-Cheese Tortellini & Chicken		\$15 ⁹⁵
<i>w. tomato-parmesan cream sauce</i>		
Grilled Salmon w. Maple Citrus Sauce		\$18 ⁹⁵
<i>w. mashed or jasmine rice</i>		
Grilled Tuna w. Sweet Chili Sauce		\$19 ⁵⁰
<i>w. mashed or jasmine rice</i>		
*Roasted Vegetable Linguine		\$13 ⁵⁰
<i>in marinara sauce w. parmesan cheese</i>		

Lunch Combo: A Sandwich or Salad, A Small Starter or Dessert, Plus a Soft Drink...\$17

Sandwiches

(add a cup of soup or mixed green salad for \$2)

Grilled Burger (9 oz) (Add Cheese, Bacon or Avocado \$.75)	\$9 ⁹⁵
Circle Burger w. Sautéed Onions, Mushrooms & Provolone	\$10 ⁷⁵
Cool Blue Burger w. Blue Cheese & Sun-Dried Tomatoes	\$10 ⁷⁵
BBQ Burger w. Bacon, Swiss & Fried Onions	\$10 ⁷⁵
Grilled Turkey Burger w. Roasted Red Pepper Relish	\$10 ⁵⁰
Crab Cake BLT w. Provolone	\$10 ⁹⁵
Fried Tilapia BLT w. Spicy Mayo	\$9 ⁹⁵
*Portabella & Eggplant w. Feta & Sun-Dried Tomato Pesto	\$9 ⁹⁵
BBQ Chicken w. Grilled Onions	\$9 ⁵⁰
Roast Turkey Club w. Smoked Bacon & Mayonnaise	\$9 ⁹⁵
Shrimp Po'Boy w. Cole Slaw	\$9 ⁹⁵
Grilled Cheeses w. Smoked Bacon, Tomatoes & Horseradish Mayo	\$8 ⁹⁵
Chipotle Fried Chicken w. Bacon & Swiss	\$9 ⁹⁵
Steak & Cheese w. Sautéed Onions & Mushrooms	\$10 ⁹⁵
Grilled Salmon Club w. Bacon	\$10 ⁵⁰

all served with hand cut fries or cole slaw

Salads

(add a cup of soup for \$2)

*Big Chopped w. Grilled Chicken & Szechwan Vinaigrette (Substitute Salmon or Shrimp, add \$3 ⁹⁵ Tuna or Steak, add \$4 ⁹⁵)	\$9 ⁹⁵
BBQ Salmon Ranch	\$10 ⁵⁰
Warm Steak	\$10 ⁹⁵
Seared Tuna, Baby Arugula, Spicy Chili Slaw	\$10 ⁹⁵

Other Fare

(add a cup of soup or mixed green salad for \$2)

Crab & Shrimp Mac 'n Cheese	\$13 ⁵⁰
*Open Faced Portabella & Tofu Burrito	\$9 ⁹⁵
*Side Platter (choice of 3)	\$9 ⁹⁵
Buffalo Shrimp over Pasta	\$10 ⁹⁵

*Indicates vegetarian item. All salads can be made vegetarian.

Sides

Garlic Mashed...\$3 Jasmine Rice...\$2 Roasted Vegetables...\$3⁹⁵
Sautéed Spinach...\$3⁵⁰ Garlic Broccoli...\$3⁹⁵ Hand Cut Fries...\$3²⁵

Above Sides Vegetarian.

Crab & Shrimp Mac 'n Cheese \$5⁹⁵

House-Made Desserts

Mango Key Lime Pie - "Our EatWell Signature Dessert" \$6²⁵
Warm Bittersweet Chocolate Fudge Cake \$5⁵⁰
Warm Apple Crisp w. Ice Cream \$6²⁵
Bread Pudding "Sundae" w. Caramel & Fudge Sauce \$5⁵⁰
Pumpkin Crisp w. Whipped Cream & Caramel \$6

Beverages

Soda, Iced Tea \$2.25
Lemonade \$2.75
Sparkling or Still Water \$3.25/half liter \$5.25/liter
Juice (orange, cranberry, grapefruit, pineapple) \$2.50/small \$5.00/large
Coffee, Tea \$2.25

weekday happy hour, 3 - 6:30 pm, at the bar • sat & sun brunch, 11 am • weekday lunch, noon
children's menu available • please inform your server of any food allergies
18% gratuity will be added to parties of 8 or more • limit 3 credit cards per table

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