

LUNCH STARTERS

- New England Style Crab Cakes** served with creole rémoulade 8.95
- Crispy Chicken Tenders** (buffalo or jamacian jerk) with dipping sauce 6.25
- Chinese Shrimp and Pork Dumplings** with soy sesame dipping sauce 5.25
(steamed or fried)
- Blaze Nacho's** with black beans, pico de gallo, chipotle sour cream and cheese 7.25
(add andouille or BBQ chicken for .99)
- "The Best Sweet Potato Fries Evah"** with two dipping sauces 5.25
- RI Style Calamari** crisp calamari with romaine and pickled pepper relish 8.95
- Vegetarian Black Bean Soup** with cheese and pico de gallo cup 4.25 bowl 6.25

LUNCH SALADS

- Seasonal Salad** (chef's inspiration) 7.25
 - Greek Style Salad** olives, tomatoes, onion, hot peppers and feta cheese with house vinaigrette 6.95
 - Classic Caesar Salad** hearts of romaine lettuce with shaved parmesan and garlic crostini 7.25
 - Grilled Brie Salad** baby spinach, with grilled brie, crostini and golden pineapple chutney 9.95
 - House Salad** a blend of vegetables with fresh greens small 4.25 big 6.25
- Your choice of dressings
Dressings: blue cheese, caesar, honey mustard, balsamic, and house vinaigrette

LUNCH PASTA

- Blaze Mushroom Ravioli** mushrooms, asparagus, parmesan and chipotle cream 12.95
- Penne Pink Vodka** grilled chicken and mushrooms tossed with our sauce 10.95
- Blaze Shrimp Scampi** capellini, shrimp, garlic, tomatoes, olives, basil, and spices 12.95
- Capellini Alio with Clams** little neck clams, garlic, tomatoes, olives, herbs and olive oil 12.95

LUNCH PIZZA

- Margarita Pizza** roma tomatoes, basil and fresh mozzarella cheese
(kick it up with jalapeno for .99) 8.95
- Mushroom Mania Pizza** smoky tomato fondue with mushrooms and two cheeses 9.25
- Spanakopita Pizza** spinach, caramelized onions, feta cheese, sliced olives and tomatoes 9.95
- BBQ Chicken Pizza** smoked chicken, tomatoes, onions, jalapeños, bbq sauce and cheese 10.95
- Hot As A Mutha Pizza** XXX spice with cheese andouille sausage and hot peppers 10.95 **Meat Lovers** pepperoni, andouille sausage, bbq chix 12.95
- Veggie** spinach, tomato, mushrooms, olives, caramelized onions, basil 9.95
- X-tra Cheezy** mozzarella, feta, fresh mozzarella 8.95
- BUILD YOUR OWN PIZZA 7.25**
Start with a sauce: marinara, smokey tomato, "hot as a mutha"
(Each Topping .99)

LUNCH SANDWICHES

- ~ wraps and sandwiches served with chips and slaw ~ substitute side salad, sweet or hand cut fries for .99
- Classic Chicken Caesar** Wrap chicken, romaine, tomato, parmesan and caesar 8.25
 - Chicken Dijon Wrap** grilled chicken, lettuce, tomato, bacon and honey mustard 8.25
 - Fajita Wrap** grilled chicken, peppers, onions, pico de gallo, and cheese 8.95
 - Blaze Chicken BLT Bomb** cajun chicken, cheddar cheese, BLT, and creole rémoulade 9.25
(grilled or crispy)*
 - Vegemite Wrap** mixed grilled vegetables with basil pesto aioli and provolone cheese 8.25
 - Grilled Steak Wrap** grilled steak, caramelized onions, blue cheese, and greens 10.95
 - Philli's Steak Wrap** grilled steak, provolone, mushrooms, hot peppers, lettuce, tomato and mayonnaise 10.25
 - Po' Boy Shrimp or Cat Fish** lettuce, tomato, and creole rémoulade on a torpedo roll 9.95
 - BBQ Pulled Pork Sandwich** smoked pork, provolone and pickled onions on a kaiser roll 8.95

LUNCH KIDS CORNER

- children under 10
- Chicken Tenders** crispy tenders with hand cut fries 5.95
 - Cheese Pizza** our marinara with mozzarella cheese 4.25
 - Cheese and Pepperoni Pizza** our marinara with pepperoni and mozzarella cheese 5.25
 - Capellini with Marinara** pasta with our marinara 4.25
 - Capellini with Butter** pasta with butter 4.25

LUNCH BURGERS

Burgers served on a kaiser roll with hand cut fries. Substitute sweet potato fries or side salad for .99

Blaze BBQ Burger cheddar cheese, bacon, bbq sauce and onion rings 9.95

Beef or Chicken

Blaze Crab Cake Burger tender blue crab patty with cheddar, and creole remolade 9.95

Tropical Teriyaki Salmon Burger grilled salmon, brie and pineapple chutney 9.95

Portobello Burger with sundried tomato chick pea paté, fresh mozzarella, basil and mixed greens 7.95

All American Burger house made 8 oz patty with lettuce, tomato, pickle and onion 7.25

(each additional topping .99)

Bacon, sautéed mushrooms, and caramelized onions

Cheeses: cheddar, swiss, provolone, blue, or mozzarella

LUNCH ENTREES

Jamaican Jerk Chicken 1/4 jerk chicken, served with black beans, rice and sweet plantain 9.95

(white or dark meat)

Teriyaki Glazed Salmon with stir fry snow peas and crispy brown rice cake 10.95

Grilled Vegetable Platter veggies with brown rice cake portobello and smoky tomato fondue 9.95

Peach Ginger Chicken soy ginger glazed chicken, brown rice cake and stir fry snow peas 9.95

Steak Frites Caesar grilled hanger steak and hand cut fries with caesar dressed romaine hearts 10.95

Caribbean Chicken Burrito jerk chicken tenders, plantain, cheese, rice and black beans 9.95

(served with a garden salad)

Blaze Fajitas grilled vegetables, roasted jalapenos, pico de gallo, sour cream, shredded cheese 12.95

White or wheat tortillas

(Chicken or Shrimp)