

Breakfast at The Bistro

Breakfast Burrito	4.00
Two eggs, cheese and choice of bacon, ham or sausage	
Small Bistro	3.50
One egg, one slice of bacon or ham with choice of toast.	
Big Bistro	4.50
Three eggs, three slices of bacon, sausage or ham, hash browns with choice of toast.	
French Toast	4.00
Add two eggs, bacon or ham.....	
Bagel or Croissant	1.50
Bagel with Cream Cheese	2.00
Hash Browns	1.00
Fresh Baked Muffins	1.50
Fresh Donuts	1.00
Cereal with Milk	1.50

Omelettes

Served with choice of toast or tortilla

Your choice of three items	6.00
Items: cheese, bacon, ham, turkey, onions, mushrooms, bell peppers, and tomato	
Extra item add50

Coffee Bar

	<u>Single</u>	<u>Double</u>
Latte	2.25	3.00
Mocha	2.50	3.25
Cappuccino	2.25	3.00
Iced Latte	2.50	3.50
Iced Mocha	2.75	3.75
Frappicino	2.50	3.50
Mocha Frappicino	2.50	3.50
Espresso	1.50	1.75

BASIC SANDWICHES

The Basics	5.00
Half Sandwich	3.95

Served on your choice of bread with crisp lettuce, sliced tomatoes, mayonnaise, and dill pickle spear. Available on request: mustard, Dijon mustard, red onions, alfalfa sprouts, cholesterol free mayonnaise and Miracle Whip.

Choose From:

- | | |
|------------------------|---------------|
| 1. Breast of turkey | 4. Tavern Ham |
| 2. Roast Round of Beef | 5. Pastrami |
| 3. Italian Wine Salami | 6. Egg Salad |

Bread Selections

100% Stone Ground Wheat	Sourdough
Seven Grain	Rye
Hawaiian Sweet Egg	Onion Roll
Pumpernickel	French Roll
	White

Croissant	add .75
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Extras:

Cheese50	
Monterey Jack	Swiss	Provolone
Pepper Cheese	Cheddar	American
Cream Cheese		
Avocado75	
Pepperoncinis50	

Add Chips, Cookies and Can Soda	1.50
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Hot Sandwiches

- 7. Frankfurter**.....**4.45**
Quarter pound all-beef frankfurter served with cheddar cheese, sliced red onion, mustard and ketchup on a French roll.
- 8. Frankfurter Deluxe**.....**5.45**
Quarter pound all-beef frankfurter with onions, jack cheese, bacon, B.B.Q. sauce and mayonnaise on a French roll.
- 9. French Dip**.....**6.45**
Lean roast beef with onion and provolone cheese on French roll with au jus.
- 10. Meatball Sub**.....**6.45**
Meatballs and marinara with provolone cheese on a French roll.
- 11. B.B.Q. Beef**.....**5.95**
A generous portion of roast beef with smoky B.B.Q. sauce on a French roll.
- 12. B.B.Q. Breast of Chicken**.....**5.95**
Smoked breast of chicken with lettuce and tomato on an onion roll.
- 13. Pastrami**.....**5.95**
Pastrami with melted provolone on rye.

SPECIALTY SANDWICHES

All specialty sandwiches are served with lettuce, tomato and mayonnaise.

Turkey Specialties

- 14. Father (Nick) Knows Best**.....**4.95**
Breast of turkey with alfalfa sprouts and cholesterol free mayonnaise on stone ground wheat.
- 15. T.B.C**.....**5.45**
Breast of turkey, crisp bacon and Swiss cheese on sourdough.
- 16. Cabrillo**.....**5.95**
Breast of turkey, avocado, crisp bacon and cheddar cheese on hunter's grain bread.
- 17. Turkey in the Garden**.....**5.95**
Breast of turkey, jack cheese, alfalfa sprouts, avocado, red onions and spinach leaves on hunter's grain bread.
- 18. Baja Gobbler**.....**6.45**
Breast of turkey, pepper cheese, avocado and Ortega chili on an onion roll

Chicken Specialties

- 19. Chicken Salad Sandwich**.....**5.95**
- 20. Curried Chicken**.....**5.95**
Chicken salad with apples, celery, cashews and curry on Hawaiian sweet egg bread.
- 21. Breast of Chicken**.....**5.45**
Mesquite smoked breast of chicken with jack cheese and alfalfa sprouts on stone ground wheat.
- 22. The Brown Derby**.....**6.45**
Chicken salad, crisp bacon and bleu cheese crumbles on Hawaiian sweet egg bread.
- 23. Chicken Mariachi**.....**6.45**
Breast of chicken, pepper cheese, avocado and Ortega chili on an onion roll.

Seafood Specialties

- 24. Tuna Salad Sandwich**.....**5.95**
Water-packed dolphin safe tuna blended with mayonnaise, celery, sweet pickle relish and spices on stone ground wheat.
- 25. Charlie's Special**.....**6.45**
Tuna salad with avocado, sprouts, and almonds served on black bread.
- 26. Neptune's Delite**.....**6.95**
Surimi crab and bay shrimp mixed with mayonnaise, spices and avocado on Hawaiian sweet egg bread.

MORE SPECIALTY SANDWICHES

Bacon Specialties

- 27. B.L.T**.....**4.95**
Crisp bacon, lettuce and tomato on Hawaiian sweet egg bread.
- 28. Just for Less**.....**5.45**
Crisp bacon, avocado, lettuce and tomato on black bread.
- 29. B.E.L.T**.....**5.45**
Crisp bacon and egg salad on stone ground wheat.
- 30. S.C.O.B.A.L.T**.....**5.45**
Cheddar, onions, bacon, avocado, lettuce, and tomato on black bread.

Beef Specialties

- 31. The Balboa.....5.95**
Roast beef, jack cheese and Ortega chili on a French roll.
- 32. Angel's Gate.....5.95**
Roast beef, Swiss cheese, sprouts, red onions, and avocado on an onion roll.

Ham Specialties

- 33. The Uptown.....5.45**
Breast of turkey, tavern ham, Swiss cheese on sourdough bread.
- 34. Tom's Favorite.....5.95**
A double portion of tavern ham with jack and cheddar cheese on an onion roll.
- 35. Super Sub.....5.95**
Ham, Italian wine salami, pepperoni, provolone cheese, onions, Italian dressing, and Dijon mustard.
- 36. The Fifth Avenue.....5.95**
Pastrami, tavern ham, breast of turkey, and pepper cheese on sourdough bread.
- 37. ...But the Kitchen Sink.....7.45**
Roast beef, turkey, ham, salami, Swiss, cheddar and jack cheese, Dijon mustard, sprouts and red onion on a French roll. Over a half pound of meats and cheeses!

Vegetarian Specialties

- 38. Avonut.....4.45**
Avocado, walnuts, lettuce, alfalfa sprouts, mayonnaise and tomatoes on stone ground wheat.
- 39. Alpine Garden.....4.95**
Avocado, jack cheese, alfalfa sprouts, spinach leaves, cucumber, red onion, lettuce, mayonnaise, and tomatoes on stone ground wheat.
- 40. The Big Cheese.....4.95**
Cheddar, Swiss, and pepper cheese with avocado, mayonnaise, sprouts, and tomatoes on black bread.
- 41. Vegi Pita.....4.95**
Whole wheat pita stuffed with sprouts, cucumber, red onion, spinach leaves, and tomatoes with poppy seed dressing on the side.
- 42. Egg Salad Feta Pita.....4.95**
Whole wheat pita stuffed with fresh egg salad, crumbled feta cheese, spinach leaves and tomato.
- 43. Egg Salad Croissant.....5.75**

CLUB SANDWICHES

- Double decker sandwiches prepared with three slices of bread.
- 44. The Rose.....5.95**
Crisp bacon, breast of turkey, lettuce and tomato on sourdough bread.
- 45. California Club.....6.45**
Breast of turkey, jack cheese, avocado, sprouts, lettuce and tomato on stone ground wheat.
- 46. Which Came First.....6.95**
Chicken salad on the first deck, egg salad on the second deck with lettuce and tomato served on black bread.
- 47. Chicken Club.....6.95**
Mesquite smoked breast of chicken, jack cheese, cucumber, avocado, alfalfa sprouts, spinach leaves, lettuce, and tomatoes served on hunter's grain bread.

Specialty Salads

Meal size salads served on crisp romaine lettuce with choice of dressing.

Choice of dressings:

Sweet Honey Mustard	Poppy Seed	Ranch
Lo-Cal Italian	1000 Island	Aegean
Oriental Sesame Seed	Bleu Cheese	Caesar

Extra dressing.....50

49. Chef's Salad.....5.45

Julienne of turkey, ham, Swiss and cheddar cheese with tomato, hard boiled egg, and assorted crisp vegetables.

50. Cashew Chicken Salad.....6.95

Curried chicken salad with apples and cashews surrounded by fresh fruit. Try the poppy seed or honey mustard dressing.

51. Chicken Tostada Salad.....5.95

Tortilla chips topped with refried beans, spicy chicken, lettuce and tomato with avocado served with sour cream and salsa.

52. Cobb Salad.....5.95

Rows of diced smoked breast of chicken, tomato, bacon, cedar and bleu cheese, avocado and egg.

53. Smoked Chicken Salad.....5.95

Julienne of smoked breast of chicken served with sliced avocado, tomato, pepper cheese, pepperoncinis, and crisp vegetables.

54. Aegean Chicken Pasta Salad.....6.45

Fresh spinach leaves topped with rottelli pasta marinated in our Aegean dressing. Served with Greek olives, pepperoncini, tomatoes, feta cheese and julienne breast of chicken served with bread sticks.

55. Salad Del Mar.....6.95

Marinated rottelli pasta atop crisp romaine with shrimp, surimi crab, tomatoes, cucumber, olives and crisp vegetables.

56. Chinese Chicken Salad.....5.95

Mandarin oranges and water chestnuts on a bed of crisp chow mien noodles topped with tomato, sesame seeds, cucumber and julienne of smoked chicken served with fortune cookie and Oriental sesame dressing.

57. The Triton.....5.95

Tuna salad topped with almonds and surrounded by tomatoes, cucumber, sprouts, carrots, celery and hard boiled egg.

58. Stuffed Avocado.....5.95

1/2 ripe avocado filled with chicken salad and topped with walnuts surrounded by fresh vegetables.

59. Garden Salad.....4.45

Assorted fresh vegetables and hard boiled egg atop crisp greens.

60. Balsamic Pasta Green.....5.45

Rottelli pasta marinated in our Aegean dressing served with Greek olives, tomato, feta cheese, and pepperoncini.

61. Caesar Salad.....4.45

Parmesan, tomato served with Caesar dressing.

Add breast of chicken.....1.50

From the Grill

Served with lettuce, tomato, and onion.

The Bistro Burger.....6.00

With bacon, avocado and cheese.

Double Cheeseburger.....5.75

Cheeseburger.....4.50

Burger.....3.75

Tuna Melt.....4.50

Grilled Cheese.....4.00

Cheese Quesadilla.....4.00

Chicken Quesadilla.....5.50

Philly Cheese.....5.50

Roast beef, onion, bell pepper, mushrooms, and provolone cheese on a French roll.

Soup

Freshly Prepared Soup Variety Changes Daily

16 oz. Serving.....3.60

8 oz. Serving.....2.60

48. Soup and Half Sandwich.....4.95

(Choose any basic sandwich. Cheese add \$0.25)

Sides

Potato Salad.....1.50

Macaroni Cheddar Salad.....1.50

Fresh Fruit Salad.....1.85

Side Salad.....1.75

Tossed greens with tomatoes and cucumber.

Potato Chips......75

(Variety)

Drinks

12 oz. cans.....	1.00
(Variety)	
Bottled water 0.5 liter.....	1.00
Snapple	1.50
Apple Juice.....	.95
Orange Juice	1.00
V-8 · 12 oz.....	.95
Gatorade	1.50
Fountain Drink - One Refill.....	1.50
Ice Tea – One Refill.....	1.50
Extra Refill.....	.75

Hot Drinks

Coffee –One Refill.....	1.50
Hot Tea.....	1.50
Hot Chocolate.....	1.50

Smoothies

Always made with fresh fruit.

Large.....	3.00
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All menu items are subject to availability. Prices do not include sales tax. Prices Subject to Change With-out Notice