

Dinner Isn't Dinner Without a  
Traditional Indian Rice Dish

<b>46. Plain Rice</b> ( <i>Basmati Rice</i> )	<b>2.99</b>
<b>47. Jeera Rice</b> ( <i>Basmati Rice cooked with Cummin seeds</i> )	<b>3.50</b>
<b>48. Lemon Rice</b> ( <i>Basmati Rice cooked with peanuts</i> )	<b>4.99</b>
<b>49. Saffron Rice</b> ( <i>Basmati Rice cooked in saffron, onion and bell pepper</i> )	<b>4.99</b>
<b>50. Rice Paulo</b> ( <i>Basmati Rice with green peas</i> )	<b>4.99</b>
<b>51. Vegetabe Rice</b> ( <i>Basmati Rice with mixed vegetables</i> )	<b>6.99</b>
<b>52. Vegetable Biryani</b> ( <i>Basmati Rice w/ mixed vegetables cashew nuts &amp; raisins served w/ raita</i> )	<b>8.99</b>
<b>53. Chicken Biryani</b> ( <i>8 pc Boneless chicken w/ Basmati Rice, mixed veggies, cashew nuts &amp; raisins</i> )	<b>11.99</b>
<b>54. Lamb Biryani</b> ( <i>8 pc. Lamb with Basmati Rice, mixed vegetables, cashew nuts &amp; raisins</i> )	<b>12.99</b>
<b>55. Fish Biryani</b> ( <i>8 pc. Fish with Basmati Rice, mixed vegetables, cashew nuts &amp; raisins</i> )	<b>13.99</b>
<b>56. Shrimp Biryani</b> ( <i>8 pc. Shrimp with Basmati Rice, mixed vegetables, cashew nuts &amp; raisins</i> )	<b>16.99</b>

(Spice Options for All Orders Include:  
Mild, Medium or Spicy)

Vegetarian Delights

<b>57. Spinach Paneer</b> ( <i>Spinach and Indian cottage cheese cooked in spices</i> )	<b>8.99</b>
<b>58. Chana Masala</b> ( <i>Garbanzo Beans cooked in herbs and spices</i> )	<b>8.99</b>
<b>59. Navratan Korma</b> ( <i>Mixed vegetables cooked with spices and cream</i> )	<b>8.99</b>
<b>60. Paneer Tikka Masala</b> ( <i>Indian cheese cooked w/onion &amp; bell pepper w/tomato based gravy</i> )	<b>8.99</b>
<b>61. Malai Kofta</b> ( <i>Fresh grated vegetables fritters cooked in a tomato, cream and onion sauce</i> )	<b>8.99</b>
<b>62. Mutter Paneer</b> ( <i>Green Peas and homemade cheese mildly spiced</i> )	<b>8.99</b>
<b>63. Mathi Aloo</b> ( <i>Dry green mustard cooked with potato</i> )	<b>8.99</b>
<b>64. Bhindi Masala</b> ( <i>Okra cooked w/onion &amp; spices</i> )	<b>8.99</b>
<b>65. Paneer Khima</b> ( <i>Shredded Indian cottage cheese cooked with onion bell pepper and chili sauces</i> )	<b>8.99</b>
<b>66. Chili Paneer</b> ( <i>Indian cottage cheese cooked w/ onion bell pepper chili</i> )	<b>8.99</b>
<b>Began Bharatha</b> ( <i>Crushed eggplant cooked w. onion, peas, spices</i> )	<b>8.99</b>
<b>68. Dal Makhani</b> ( <i>Creamed Lentils delicately spiced</i> )	<b>7.99</b>

Tandoori Oven Baked Items  
All Halaal Dishes are \$2.00 more

<b>69. Tandoori Chicken</b> ( <i>Marinated chicken cooked in tandoor served with onion and bell pepper</i> )	<b>10.99</b>
<b>70. Chicken Tikka</b> ( <i>Marinated boneless chicken cooked in tandoor served w/ onion and bell pepper</i> )	<b>9.99</b>
<b>71. Seekh Kabab</b> ( <i>Minced lamb mixed with herbs and spices served with onion and bell pepper</i> )	<b>10.99</b>
<b>72. Tandoori Fish</b> ( <i>Large cubes of mahi mahi fish, marinated in mild spices, roasted in Tandoor</i> )	<b>10.99</b>
<b>73. Tandoori Prawns</b> ( <i>5 pieces deliciously marinated Prawns baked in Tandoor</i> )	<b>14.95</b>

World Known Non-Veggie Indian Curries  
Juicy Chicken Curries

<b>74. Chicken Curry</b> ( <i>Boneless chicken cooked with curry sauce</i> )	<b>8.99</b>
<b>75. Chicken Tikka Masala</b> ( <i>Boneless chicken cooked w/ onion, bell pepper curry sauce &amp; cream</i> )	<b>9.99</b>
<b>76. Chicken Vindaloo</b> ( <i>Chunks of chicken &amp; potatoes cooked in specialty hot &amp; spicy curry sauce</i> )	<b>8.99</b>
<b>77. Chicken Korma</b> ( <i>Tender chicken cooked in cashew nut, raisin with creamy curry sauce</i> )	<b>9.99</b>
<b>78. Chicken Makhani</b> ( <i>Boneless Tandoori chicken cooked w/ onion, bell pepper &amp; thick curry sauce</i> )	<b>9.99</b>
<b>79. Butter Chicken</b> ( <i>Boneless chicken cooked w/ butter based curry sauce</i> )	<b>9.99</b>
<b>80. Mathi Chicken</b> ( <i>Boneless chicken with dry green sauce</i> )	<b>8.99</b>

Tender Lamb Curries

<b>81. Lamb Curry</b> ( <i>Lamb cooked in curry sauce</i> )	<b>10.99</b>
<b>82. Lamb Vindaloo</b> ( <i>Lamb and potato cooked in hot and spicy curry</i> )	<b>10.99</b>
<b>83. Lamb Korma</b> ( <i>Lamb with cashew nuts &amp; raisins cooked with creamy curry sauce</i> )	<b>11.99</b>
<b>84. Lamb Roghanjosh</b> ( <i>Lamb cooked with onion, bell pepper and curry sauce</i> )	<b>10.99</b>
<b>85. Lamb Bhuna</b> ( <i>Well spiced lamb cooked with onions, tomatoes and garlic in a thick gravy</i> )	<b>12.99</b>

Seafood Curry Specialties

<b>86. Fish Curry</b> ( <i>Fish in mildly spiced curry sauce</i> )	<b>11.99</b>
<b>87. Fish Korma</b> ( <i>Fish with creamy sauce, cashew nuts and raisins</i> )	<b>11.99</b>
<b>88. Prawn Curry</b> ( <i>6pc Jumbo Prawns simmered in mildly curry sauce</i> )	<b>14.99</b>

## Beverages to Refresh You

1. Sweet/Salt Lassi	2.99
2. Mango Lassi	3.50
3. Mango Shake	3.50
4. Chiko Shake	3.99
5. Faluda	2.99
6. Masala Tea	1.99
7. Can Soda	1.50
8. Thumbs Up, Limca	2.50
9. Mango/Liche Juice	2.00
10. Water	1.50
11. Kulfi	3.50
12. Kulfi Faluda	4.99

## Appetizers to Get You Going

13. Vegetable Samosa	3.49
<i>(Two crisp pastries filled with mildly spiced potatoes and peas)</i>	
14. Mix Vegetable Pakoras	4.99
<i>(Mildly spiced mixed vegetable and butter fried)</i>	
15. Onion Bhaji	4.99
<i>(Mildly spiced batter fried onion)</i>	
16. Kachori	4.99
<i>(Three crisp pastries filled with yellow lintel)</i>	
17. Petis	4.99
<i>(Mashed potatoes and mixed vegetables)</i>	
18. Bataka Vada	4.99
<i>(Three crisp pastries filled with potatoes and spices)</i>	

## Tamana's Chat Corner has Tasty Indian Sweet & Sour Appetizers

19. Samosa Chat	4.99
<i>(Samosa, garbanzo beans, yogurt, and different sauces)</i>	
20. Tiki Chat	4.99
<i>(Veggie peti, garbanzo beans, yogurt and different sauces)</i>	
21. Papdi Chat	4.99
<i>(Flat puri, potatoes, black garbanzo beans, onion yogurt and different sauces)</i>	
22. Pani Puri	4.99
<i>(6 r/puri, potatoes, black garbanzo beans served w/ garlic, sweet sauce and mint water)</i>	
23. Sav Puri	4.99
<i>(6 f/pun, potatoes, blk/ garbanzo beans, onion &amp; different sauces covered w/ fine sevya)</i>	
24. Dahi Puri	4.99
<i>(6pc of round puri, potatoes, black garbanzo beans, onion yogurt and different sauces)</i>	
25. Bhel Puri	4.99
<i>(Rice puff, lintel, peanuts, sev, w/ potatoes, blk/garbanzo beans, sweet &amp; sour sauces)</i>	

## Tamana's Chat Corner (Continued)

26. Dahi Vada	3.50
<i>(Lintel balls served with yogurt and sweet sauces)</i>	
27. Ragda Petis	4.99
<i>(Cooked green peas, served with veggie petis, garlic, onion and sweet sauces)</i>	
28. Pav Bhaji	5.99
<i>(Cooked mixed vegetables, served with warm buns)</i>	
29. Vada Pav	5.99
<i>(Potato Vada served with a warm bun)</i>	
30. Dabeli	4.99
<i>(Warm bun filled with mixed spices, peanut and sweet and hot sauces)</i>	
31. Khasta Kachori	5.99
<i>(Stuffed floppy puri with masala, sauces and yogurt)</i>	
Daily Specials to Cure Your Tastebuds	
32. Chole Bhatura	6.99
<i>(Garbanzo beans with 2 pieces of deep fried naan bread)</i>	
33. Halwa Puri Chana	7.99
<i>(Garbanzo beans served with floppy puri and halwa)</i>	
34. Veggie Katti Kabab	7.99
<i>(Shredded Indian cheese cooked w/onion, bell pepper, &amp; wrapped in naan)</i>	
35. Veg. Tandoori Wrap	8.99
<i>(Mixed vegetables delicately cooked with garlic served like pizza)</i>	
36. Chicken Tandoori Wrap	9.99
<i>(Small chicken &amp; veg. pieces cooked w/ garlic sauce served like pizza)</i>	

## Soups & Salads ~ A good "go-together"

Tomato, Dal, Sambar, Mulgatwani Soup	2.50
Mixed green salad	2.95
<i>(Lettuce, tomatoes, cucumbers, onions &amp; raita)</i>	

## Mouth watering Indian Breads to Make Your Meal

37. Fulka Roti (Whole wheat bread)	1.00
38. Tandoori Roti	1.50
<i>(Whole wheat bread cooked in tandoor)</i>	
39. Naan	1.50
<i>(Leavened white flower bread)</i>	
40. Garlic Naan	2.99
<i>(Leavened white flower bread with garlic)</i>	
41. Cheese Naan	3.99
<i>(Leavened white flower bread with cheese)</i>	
42. Aloo Paratha	4.99
<i>(Whole wheat bread stuffed with potatoes)</i>	
43. Gobi Paratha (Whole wheat bread stuffed with cauliflower)	4.99
44. Muli Paratha (Whole wheat bread stuffed with radish)	4.99
45. Onion Kulcha (Naan Stuffed with minced spiced onions and cilantro)	

### Combination Dinners

Combination Dinners are recommended for (1) one person and include:

Dal Soup,

Your choice of (1) one Plain Naan or Roti,  
Plain Basmatti Rice & Gulab Jaman

89. Vegetable Dinner	14.95
<i>(3 Fresh Vegetables of the day, Raita)</i>	
90. Chicken Dinner	20.95
<i>(Mutter Paneer, Aloo Mathi)</i>	
91. Lamb Bhuna Dinner	21.95
<i>(Paneer Tikka Masala, Aloo Mattar)</i>	
92. Mixed Curry Dinner	21.95
<i>(Chicken Tikka Masala, Lamb Sagwaia, Shrimp Curry)</i>	

In the World Of South Indian Dosa

There is more to the Dosa than just the Masala!

93. Plain Dosa	5.99
94. Masala Dosa	7.99
95. Rava Plain Dosa	7.99
96. Rava Masala Dosa	8.75
97. Garlic Mysore Masala Dosa	8.99
98. Sandwich Dosa	8.99
99. Cheese Dosa	7.99
100. Paper Plain Dosa	7.99
101. Paper Masala Dosa	8.99
102. Paneer Dosa	8.99
103. Idli Masala Dosa	7.99
104. Onion Uttapam	6.99
105. Idli Sambhar	5.99
106. Medu Vada	5.99

Gujarati Vegetables

With a Flair of West Indian Flavor

107. Undhiyu	8.99
<i>(Mixed vegetables cooked with special West Indian style)</i>	
108. Began Tuver	8.99
<i>(Eggplant cooked with green beans tomato and spices)</i>	
109. Gobi Mutter	8.99
<i>(Cauliflower cooked with peas tomatoes and spices)</i>	
110. Gobi Aloo	8.99
<i>(Cauliflower cooked with potatoes and spices)</i>	
111. Bhindi Aloo	8.99
<i>(Okra cooked with potatoes and spices)</i>	

Gujarati Thali - a Meal by Itself **13.95**  
Comes with 4 roti / 4 puri, 1 sweet, 1 Farsan, Dal (lentil), Rice, Papad, Pickles, Chutneys and your choice of 2 vegetables from #'s 107 thru 111.

### CHILDREN'S MENU

(For Children 10 years of age and under)

Nanwhich	4.95
<i>(Tender chunks of Tandoori chicken w/lettuce, tomato &amp; onions wrapped in 1/2 Naan or Roti)</i>	
Veggie Berger	4.95
<i>(Lettuce, tomato, blk garbanzo beans &amp; Indian cheese on a bun, 1/2 Naan or Roti)</i>	

### Western Delights

Chicken Sandwich	4.95
<i>(Boneless pieces of Tandoor baked chicken breast w/lettuce &amp; tomato on a bun)</i>	
Chicken or Shish Kabab	4.99
<i>(Tandoori baked peices of chicken with onion)</i>	
Jumbo Onion Rings	4.99
French Fries	3.95

### Side Orders

Raita	1.75
Mixed Pickle	1.50
Mango Chutney	1.50
Coconut Chutney	1.50
Tamarind Sauce	.75
Mint Sauce	.75
Papadum	1.00

End it on a SWEET Note

Kulfi	3.50 ea.
<i>(Indian Ice Cream in Mango, Pista &amp; Malwa flavors)</i>	
Plain Jalabi	4.99/lb or 1.50 ea.
<i>(Flour friend in oil, dipped in honey)</i>	
Safron Jalabi	5.99/lb or 1.50 ea.
<i>(Flour fried in oil, dippen in Safron)</i>	
Cashew Burfi	7.99/lb or 1.50 ea.
<i>(Ground cashews with honey)</i>	
Gajar Halva	7.99/lb or 1.50 ea.
<i>(Shredded carrots, ricota cheese and honey)</i>	
Brown Gulab Jaman	7.99/lb or 1.50 ea.
<i>(Flour, ricota cheese, milk, samilina deep fried covered in honey)</i>	
Black Gulab Jaman	7.99/lb or 1.50 ea.
<i>(Flour, ricota cheese, milk, samilina fried &amp; soaked in honey)</i>	
Ras Malai	7.99/lb or 1.50 ea.
<i>(Homemade Indian cheese boiled in sweet water, covered in 1/2 &amp; 1/2 milk)</i>	
Cham Cham	7.99/lb or 1.50 ea.
<i>(Homemade Indian cheese boiled in sweet water covered in honey)</i>	

Take some Scrumptious Munchies Home

Namak Para	6.99/lb
<i>(Seasoned flour fried in mild spices)</i>	
Peanut Fry	6.99/lb
<i>(Cashews &amp; think sev fried in spices and oil)</i>	
Chana Dal	6.99/lb
<i>(Garbanzo beans fried in spices and oil)</i>	
Hot Mix	6.99/lb
<i>(Mixture of garbanzos, cashews and peanuts in hot Indian Spices)</i>	
Papdi Gathiya	6.99/lb
<i>(Chick pea flour friend in oil)</i>	
Tikha Gathiya	6.99/lb
<i>(Hot &amp; Spicy Chips of fried flour)</i>	
Bhavnagari Gathiya	6.99/lb
<i>(Chic pea flour fried in oil)</i>	
Sev	6.99/lb
<i>(Tiny noodles made from chick pea flour)</i>	
Masala Kajew	7.99/lb
<i>(Cashews fried in oil mixed with hot, Indian Spices)</i>	

**TAMANA** an Indian Bistro is located on the SW corner of Jeffries and East Tropicana, one street West of Eastern next to Al Phillips, the Cleaners.

We do catering for all occassions. Please ask us about our discounts for repeat customers and parties of 60 people or more.

We appreciate your business and ask

~ if you have a complaint ~

please, let us know

~ if you have a compliment ~  
please let your friends know.